

# Happy Times

February 2022 – Health & Rehab



*"Our greatest glory is not in never falling but in rising  
everytime we fall." ~ Confucius*

*"You have such a February face,  
so full of frost, of storm and  
cloudiness."  
~Shakespeare*

**Fabulous February – we welcome you!**

**As we weather the official last month of winter, people long for the upcoming change of season. We look forward to lighter coats and slightly longer days.**

**However, this month has plenty to be happy for... It a month filled with hope, with health, with remembrance, and with love.**

**Rather than be melancholy for what has not yet come, embrace the now and be thankful for the health and the wealth of love in our lives.**

**This month encourages leaps of faith. Whether they be intellectual, emotional, or spiritual is up to you. For some of us, the journey may encompass all three...**


**James Earl Jones – a great man and a great talent – once said, "One of the hardest things in life is having words in your heart that you can't utter".**

**May you find those words or other ways of expressing the songs in your heart. We at Gateway Vista wish you all a month of health, love and happiness!**





Please note: All performances are subject to change pending weather conditions and schedule changes of performers.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities and times are subject to change. For a daily list of events: tune in to channel 901 or Call 4228</p> <p>Daily Movies can be found on channel 902 at 10am, 2pm and 7pm</p>	<p>Please note: Additional Events &amp; Activities will be posted as options available to us expand.</p> <p>Life Enrichment provided Independent Activity packets/items are available at your Nurse's Station.</p>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>AF ** Tuesday Afternoon Treats **</div></div><div><div></div><div>2:00 Resident Council – 3rd FL</div></div><div><div></div><div>7:00 Tuesday Travel Movie – Ch.902</div></div></div> <div>1</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>2:00 "Tell Me a Story" – 3rd FL</div></div></div> <div>2</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 "Headliners" – 4th FL</div></div></div> <div>3</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 "Fact or Fiction" – 3rd FL</div></div></div> <div>4</div>	<div><div><div></div><div>AD Independent Activities</div></div></div> <div>5</div>
<div><div><div></div><div>9:00 Catholic Mass – ABC (Ch.8)</div></div><div><div></div><div>10:00 "This is the Life" Inspirational Stories – ABC (Ch.8)</div></div><div><div></div><div>10:30 Lutheran Church Services – ABC (Ch.8)</div></div></div> <div>6</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 Devotions – 4th FL</div></div></div> <div>7</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>AF ** Tuesday Afternoon Treats **</div></div><div><div></div><div>1:30 Resident Council – 4th FL</div></div><div><div></div><div>7:00 Tuesday Travel Movie – Ch.902</div></div></div> <div>8</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 "Name that Jingle" – 4th FL</div></div></div> <div>9</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 "Color Your World" – 3rd FL</div></div><div><div></div><div>3:00 Brain Games – PUB</div></div></div> <div>10</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 "Mad Libs" – 4th FL</div></div></div> <div>11</div>	<div><div><div></div><div>AD Independent Activities</div></div></div> <div>12</div>
<div><div><div></div><div>9:00 Catholic Mass – ABC (Ch.8)</div></div><div><div></div><div>10:00 "This is the Life" Inspirational Stories – ABC (Ch.8)</div></div><div><div></div><div>10:30 Lutheran Church Services – ABC (Ch.8)</div></div><div><div></div><div>5:30 Super Bowl LVI – L.A. Rams vs. Cincinnati Bengals – ABC (Ch.6)</div></div></div> <div>13</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 Devotions – 3rd FL</div></div></div> <div>14</div> <div></div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>AF ** Tuesday Afternoon Treats **</div></div><div><div></div><div>7:00 Tuesday Travel Movie – Ch.902</div></div></div> <div>15</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 "Picture This" – 3rd FL</div></div></div> <div>16</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>10:00 Healthy Minds – 4th FL</div></div><div><div></div><div>1:30 "Color Your World" – 4th FL</div></div></div> <div>17</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 "Bite-sized" Bingo – 4th FL</div></div><div><div></div><div>3:00 "Bite-sized" Bingo – 3rd FL</div></div></div> <div>18</div>	<div><div><div></div><div>AD Independent Activities</div></div></div> <div>19</div>
<div><div><div></div><div>9:00 Catholic Mass – ABC (Ch.8)</div></div><div><div></div><div>10:00 "This is the Life" Inspirational Stories – ABC (Ch.8)</div></div><div><div></div><div>10:30 Lutheran Church Services – ABC (Ch.8)</div></div></div> <div>20</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 Devotions – 4th FL</div></div></div> <div>21</div> <div>Presidents Day</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>AF ** Tuesday Afternoon Treats **</div></div><div><div></div><div>7:00 Tuesday Travel Movie – Ch.902</div></div></div> <div>22</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 Reminiscing – 4th FL</div></div></div> <div>23</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 "Hangman" – 4th FL</div></div></div> <div>24</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 3rd FL</div></div><div><div></div><div>1:30 "Tantalizing Trivia" – 4th FL</div></div></div> <div>25</div>	<div><div><div></div><div>AD Independent Activities</div></div></div> <div>26</div>
<div><div><div></div><div>9:00 Catholic Mass – ABC (Ch.8)</div></div><div><div></div><div>10:00 "This is the Life" Inspirational Stories – ABC (Ch.8)</div></div><div><div></div><div>10:30 Lutheran Church Services – ABC (Ch.8)</div></div></div> <div>27</div>	<div><div><div></div><div>AD 1:1 Interactions</div></div><div><div></div><div>AD Independent Activities</div></div><div><div></div><div>9:30 Exercise for Energy – 4th FL</div></div><div><div></div><div>1:30 Devotions – 3rd FL</div></div></div> <div>28</div>				<div>The Life Enrichment team is proud to continue our partnership with Residents, Families, &amp; Physicians to help facilitate Video Chats and Telehealth Calls! Please call us if you have any questions or would like to schedule a Video Chat appointment</div>	<div>Life Enrichment Outside Line: (402)467-0228 Inside Extension: 4228</div> <div>You may also contact us via Gateway Vista's Main Number: (402)464-6371</div>

Location

3rd FL – 3rd Floor Living Room  
4th FL – 4th Floor Living Room  
3rd DIN – 3rd Floor Dining Room  
4th DIN – 4th Floor Dining Room  
AUD – Auditorium Garden Level  
MC – Meditation Chapel 1st Floor  
PH – Penthouse – 6th Floor  
PDR – Private Dining Room  
PUB – Grill & Pub

Birthdays:

Janey Rowell – 2/18

Barber & Beauty Shop

Our salon is currently operating with limited availability.

Please contact Ashley at the front desk to schedule an appointment.

We apologize for any inconvenience this may cause.

General Info:  
For placing calls outside of the facility – please dial “9” for an outside line and then enter the complete number you are calling.





# VALENTINES WORD SEARCH

H	S	E	S	S	I	K	O	N	U	F
W	E	R	R	E	V	I	L	S	A	E
I	E	A	E	T	H	N	E	E	H	B
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S	M	I	L	E	D	S	E	E	W	Y
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S	W	E	E	T	A	N	S	V	F	O

LOVE      VALENTINES      CUPID      SMILE  
HEART      KIND      KISSES      LETTER  
SWEET      FEBRUARY      HUGS      FLOWERS

## Our Team

Jay Colburn  
Taylor Miller  
Alenia Lohnes  
Sandra Robertson  
Susie Horner  
Kimyatta Nance  
Michelle Thompson  
Kay Rakes  
Anna Dunbar  
John Furgerson  
Ashley Schwenke  
Michelle Bowhay  
Becky Sass  
Caleb Krenk  
Constance Howard

Executive Director  
Clinical Transitions Coordinator  
Admissions Coordinator  
Director of Senior Living  
Director of Culinary Services  
HR Coordinator  
Director of Nursing  
Director of Resident Accounts  
Social Services Coordinator  
Director of Environmental Services/Maintenance  
Director of Transport/Admin Asst.  
Clinical Ed Coordinator  
Home Health Marketing Coordinator  
Director of Therapy  
Director of Life Enrichment

Gateway Vista  
a *Nye* Health Services campus

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