

Happy Times

May 2021 - Health and Rehabilitation



“Life is not measured by the number of breaths we take but by the moments that take our breath away.” ~Maya Angelou

“The World’s favorite season is the Spring. All things seem possible in May.”

~ Edwin Way Teele

Welcome May! We warmly greet your fluttering breezes, your sun-kissed mornings and your blooming buds!

This month we get our first true taste of the warmth heading our way. It’s a time for picnics, for outings, and family get togethers.

In May we honor our fallen, our veterans, our nurses, our teachers, and our mothers ... all people who have changed our lives.

Please cherish the change, the warmth and the days ahead.

So, please take time for yourself to embrace the changes coming your way. Relax, regroup, and enjoy life to the fullest. Remember those you love and who love you!

Happy May everyone! Please know that as we grow together, all of our lives get better. May this month of May be a great one for everyone!

Gateway Vista
a *Nye* Health Services campus

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Please note: All performances are subject to change pending weather conditions and

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Activities and times are subject to change. For a daily list of events: tune in to channel 901 or Call 4228</p> <p>Daily Movies can be found on channel 902 at 10am, 2pm and 7pm</p>	<p>The Life Enrichment team is proud to continue our partnership with Residents, Families, & Physicians to help facilitate Video Chats and Telehealth Calls! Please contact us if you have any questions or would like to schedule a Video Chat appointment.</p>	<p>Life Enrichment</p> <p>Outside Line: (402)467-0228</p> <p>Inside Extension: 4228</p> <p><i>You may also contact us via Gateway Vista's Main Number: (402)464-6371</i></p>	<p>Please note:</p> <p>Additional Events & Activities will be posted as options available to us expand.</p> <p>Life Enrichment provided Independent Activity packets/items are available at your Nurse's Station.</p>			1
2	3	4	5	6	7	8
<p>9:00 Catholic Mass - ABC (Ch.8)</p> <p>10:00 "This is the Life"</p> <p>Inspirational Stories - ABC (CH.8)</p> <p>10:30am Lutheran Church Service - ABC (Ch.8)</p> <p>2:00 Performance: Nebraska Brass - Front Courtyard</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>1:30 Devotions - 3rd FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>2:00 Resident Council - 3rd FL</p> <p>4:00 Performance: "Capital Jazz Society Quintet" - Front Courtyard</p> <p>7:00 Tuesday Evening - Travel Movie - Ch.902</p>	<p>Independent Activities - All Day</p> <p>3:00 "Cinco de Mayo" Traveling Treats - Door to door</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 Picture This - 4th FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>2:00 "Bite-Sized" Bingo - 3rd FL</p> <p>3:00 "Bite-Sized" Bingo - 4th FL</p>	<p>Independent Activities - All Day</p>
9	10	11	12	13	14	15
<p>9:00 Catholic Mass - ABC (Ch.8)</p> <p>10:00 "This is the Life"</p> <p>Inspirational Stories - ABC (CH.8)</p> <p>10:30am Lutheran Church Service - ABC (Ch.8)</p> <p>Mother's Day</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 Devotions - 4th FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>1:00 Resident Council - 4th FL</p> <p>Tuesday Afternoon Treats</p> <p>7:00 Tuesday Evening - Travel Movie - Ch.902</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 Manicures - 4th FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>1:30 Manicures - 3rd FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 Fact or Fiction - 4th FL</p>	<p>Independent Activities - All Day</p>
16	17	18	19	20	21	22
<p>9:00 Catholic Mass - ABC (Ch.8)</p> <p>10:00 "This is the Life"</p> <p>Inspirational Stories - ABC (CH.8)</p> <p>10:30am Lutheran Church Service - ABC (Ch.8)</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>1:30 Devotions - 3rd FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>Tuesday Afternoon Treats</p> <p>7:00 Tuesday Evening - Travel Movie - Ch.902</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>2:00 Clever Crafting - 3rd FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 Gateway Jeopardy - 4th FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>1:30 Picture This - 3rd FL</p>	<p>Independent Activities - All Day</p>
23/30	24	25	26	27	28	29
<p>9:00 Catholic Mass - ABC (Ch.8)</p> <p>10:00 "This is the Life"</p> <p>Inspirational Stories - ABC (CH.8)</p> <p>10:30am Lutheran Church Service - ABC (Ch.8)</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 Devotions - 4th FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>Tuesday Afternoon Treats</p> <p>7:00 Tuesday Evening - Travel Movie - Ch.902</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 3rd FL</p> <p>1:30 "Young at Heart" Yahtzee - 3rd FL</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>1:30 Butterflies & Bubbles - Outdoors</p>	<p>Independent Activities - All Day</p> <p>9:30 Exercise Class - 4th FL</p> <p>3:00 Performance: Rick Clarence (vocalist) - Front Courtyard</p>	<p>Independent Activities - All Day</p>
	31					
	Memorial Day					

Location

- 3rd FL - 3rd Floor Living Room
- 4th FL - 4th Floor Living Room
- 3rd DIN - 3rd Floor Dining Room
- 4th DIN - 4th Floor Dining Room
- AUD - Auditorium Garden Level
- MC - Meditation Chapel 1st Floor
- PH - Penthouse - 6th Floor
- PDR - Private Dining Room
- PUB - Grill & Pub

Birthdays

- Lela Smith: 5/01
- Virlene Grafelman: 5/05
- Rosalind Morris: 5/08
- Larry Ogden: 5/14
- Sarah Hathaway: 5/21

Barber & Beauty Shop

Our salon is currently operating with limited availability. Please contact Ashley at the front desk to schedule an appointment. We apologize for any inconvenience this may cause.

General Info:

For placing calls outside of the facility - please dial "9" for an outside line and then enter the complete number you are calling.

Magnificent May

M D Q Y R B H K F B E T C S E
L V D O L O A L U T O R I U G
J U N D L I A C A F C A O N A
T O F I N I M R H W V D R D T
H H D E R E O A A E C I E A I
K A O O T M J K F E R T H Y R
Y S M U E A P P R E C I A T E
L E A M G Y R E Y E T O S G H
M O M L A H M G P T T N M H R
P O V D U O T L A V I T S E F
C E N E N T T F S R E H T O M
N O M Y I K E R U P A R A D E
M S P O O R T O A L O Y A L M
B O U Q U E T I V E K Y F V Y
B W X Q G T E K O F H U R N H

APPRECIATE BOUQUET CEREMONY CHERISH
COMMEMORATE FAMILY FESTIVAL GRATEFUL
HEART HERITAGE HEROIC HOLIDAY HONOR
LOVE LOYAL MEMORIAL MONDAY MOTHERS
PARADE SALUTE SUNDAY THOUGHTFUL
TRADITION TROOPS

Gateway Vista
a *Nye* Health Services campus

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Larry VanHunnik	Administrator
Taylor Miller	Clinical Transitions Coordinator
Ivy Bryant	Director of Case Management
Sandra Robertson	Director of Senior Living
Susie Horner	Director of Culinary Services
Kimyatta Nance	HR Coordinator
Alenia Lohnes	Admissions Coordinator
Michelle Thompson	Director of Nursing
Kay Rakes	Director of Resident Accounts
Jason Ware	Director of Environmental Services
Ashley Schwenke	Director of Transport/Admin Asst.
Michelle Bowhay	Clinical Ed Coordinator
Becky Sass	Home Health Marketing Coordinator
Caleb Krenk	Director of Therapy
Constance Howard	Director of Life Enrichment