

# Happy Times

February 2022 – Senior Living



*"Our greatest glory is not in never falling but in rising  
everytime we fall." ~ Confucius*

*"You have such a February face,  
so full of frost, of storm and  
cloudiness."  
~ Shakespeare*

**Fabulous February – we welcome you!**

**As we weather the official last month of winter, people long for the upcoming change of season. We look forward to lighter coats and slightly longer days.**

**However, this month has plenty to be happy for... It a month filled with hope, with health, with remembrance, and with love.**

**Rather than be melancholy for what has not yet come, embrace the now and be thankful for the health and the wealth of love in our lives.**

**This month encourages leaps of faith. Whether they be intellectual, emotional, or spiritual is up to you. For some of us, the journey may encompass all three...**

**James Earl Jones – a great man and a great talent – once said, "One of the hardest things in life is having words in your heart that you can't utter".**

**May you find those words or other ways of expressing the songs in your heart. We at Gateway Vista wish you all a month of health, love and happiness!**



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Activities and times are subject to change. For a daily list of events: tune in to channel 901 or Call 4228</p> <p>Daily Movies can be found on channel 902 at 10am, 2pm and 7pm</p>	<p><b>Please note:</b> Additional Events &amp; Activities will be posted as options available to us expand.</p> <p>Life Enrichment provided Independent Activity packets/items are available at your Nurse's Station.</p>	<p>● AD 1:1 Interactions 1 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 3:00 ** Tuesday Afternoon Treats – Snack &amp; Chat ** ● 7:00 Tuesday Travel Movie – Ch. 902</p>	<p>● AD 1:1 Interactions 2 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 2:30 Rummikub</p>	<p>● AD 1:1 Interactions 3 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 3:00 Senior Living Resident Council – PH</p>	<p>● AD 1:1 Interactions 4 ● AD Independent Activities ● 9:45 Catholic Rosary ● 10:30 Exercise for Energy – AUD ● 3:00 "Cards &amp; Conversations" – PUB</p>	<p>● AD Independent Activities 5</p>	<p><b>Location</b> 3rd FL – 3rd Floor Living Room 4th FL – 4th Floor Living Room 3rd DIN – 3rd Floor Dining Room 4th DIN – 4th Floor Dining Room AUD – Auditorium Garden Level MC – Meditation Chapel 1st Floor PH – Penthouse – 6th Floor PDR – Private Dining Room PUB – Grill &amp; Pub</p>
<p>● 9:00 Catholic Mass – ABC (Ch.8) 6 ● 10:00 "This is the Life" Inspirational Stories – ABC (Ch.8) ● 10:30 Lutheran Church Service – ABC (Ch.8)</p>	<p>● AD 1:1 Interactions 7 ● AD Independent Activities ● 10:30 Exercise for Energy – PH ● 3:00 Devotions – PUB</p>	<p>● AD 1:1 Interactions 8 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 3:00 ** Tuesday Afternoon Treats – Snack &amp; Chat ** ● 7:00 Tuesday Travel Movie – Ch. 902</p>	<p>● AD 1:1 Interactions 9 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 2:30 Rummikub</p>	<p>● AD 1:1 Interactions 10 ● AD Independent Activities ● 10:30 Exercise for Energy – PH</p>	<p>● AD 1:1 Interactions 11 ● AD Independent Activities ● 9:45 Catholic Rosary ● 10:30 Exercise for Energy – AUD ● 3:00 "Cards &amp; Conversations" – PUB</p>	<p>● AD Independent Activities 12</p>	<p><b>Birthdays:</b>  Keith Haist – 2/06 Shirley Jacobs – 2/09 Geri Wurdeman – 2/16 Dennis Swenson – 2/17 Rosie Hicks – 2/20</p>
<p>● 9:00 Catholic Mass – ABC (Ch.8) 13 ● 10:00 "This is the Life" Inspirational Stories – ABC (Ch.8) ● 10:30 Lutheran Church Service – ABC (Ch.8) ● 5:30 Super Bowl LVI – L.A. Rams vs. Cincinnati Bengals – ABC (Ch.6)</p>	<p>● AD 1:1 Interactions 14 ● AD Independent Activities ● 10:30 Exercise for Energy – PH ● 3:00 Devotions – PUB</p> 	<p>● AD 1:1 Interactions 15 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 3:00 ** Tuesday Afternoon Treats – Snack &amp; Chat ** ● 7:00 Tuesday Travel Movie – Ch. 902</p>	<p>● AD 1:1 Interactions 16 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 2:30 Rummikub</p>	<p>● AD 1:1 Interactions 17 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 3:00 "Young at Heart" Yahtzee – PUB</p>	<p>● AD 1:1 Interactions 18 ● AD Independent Activities ● 9:45 Catholic Rosary ● 10:30 Exercise for Energy – AUD</p>	<p>● AD Independent Activities 19</p>	<p><b>Barber &amp; Beauty Shop</b>  Our salon is currently operating with limited availability.</p>
<p>● 9:00 Catholic Mass – ABC (Ch.8) 20 ● 10:00 "This is the Life" Inspirational Stories – ABC (Ch.8) ● 10:30 Lutheran Church Service – ABC (Ch.8)</p>	<p>● AD 1:1 Interactions 21 ● AD Independent Activities ● 10:30 Exercise for Energy – PH ● 3:00 Devotions – PUB</p> <p><b>Presidents Day</b></p>	<p>● AD 1:1 Interactions 22 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 3:00 ** Tuesday Afternoon Treats – Snack &amp; Chat ** ● 7:00 Tuesday Travel Movie – Ch. 902</p>	<p>● AD 1:1 Interactions 23 ● AD Independent Activities ● 10:30 Exercise for Energy – AUD ● 2:30 Rummikub</p>	<p>● AD 1:1 Interactions 24 ● AD Independent Activities ● 10:30 Exercise for Energy – PH ● 3:00 Wii Bowling – PUB</p>	<p>● AD 1:1 Interactions 25 ● AD Independent Activities ● 9:45 Catholic Rosary ● 10:30 Exercise for Energy – AUD ● 3:00 "Bite-sized" Bingo – AUD</p>	<p>● AD Independent Activities 26</p>	<p>Please contact Ashley at the front desk to schedule an appointment.</p>
<p>● 9:00 Catholic Mass – ABC (Ch.8) 27 ● 10:00 "This is the Life" Inspirational Stories – ABC (Ch.8) ● 10:30 Lutheran Church Service – ABC (Ch.8)</p>	<p>● AD 1:1 Interactions 28 ● AD Independent Activities ● 10:30 Exercise for Energy – PH ● 3:00 Devotions – PUB</p>				<p>The Life Enrichment team is proud to continue our partnership with Residents, Families, &amp; Physicians to help facilitate Video Chats and Telehealth Calls! Please call us if you have any questions or would like to schedule a Video Chat appointment</p>	<p><b>Life Enrichment</b> Outside Line: (402)467-0228 Inside Extension: 4228</p> <p>You may also contact us via Gateway Vista's Main Number: (402)464-6371</p>	<p>We apologize for any inconvenience this may cause.</p>
							<p><b>General Info:</b> For placing calls outside of the facility – please dial "9" for an outside line and then enter the complete number you are calling.</p>



## VALENTINES WORD SEARCH

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LOVE

VALENTINES

CUPID

SMILE

HEART

KIND

KISSES

LETTER

SWEET

FEBRUARY

HUGS

FLOWERS

## Our Team

Jay Colburn	Executive Director
Taylor Miller	Clinical Transitions Coordinator
Alenia Lohnes	Admissions Coordinator
Sandra Robertson	Director of Senior Living
Susie Horner	Director of Culinary Services
Kimyatta Nance	HR Coordinator
Michelle Thompson	Director of Nursing
Kay Rakes	Director of Resident Accounts
Anna Dunbar	Social Services Coordinator
John Furgerson	Director of Environmental Services/Maintenance
Ashley Schwenke	Director of Transport/Admin Asst.
Michelle Bowhay	Clinical Ed Coordinator
Becky Sass	Home Health Marketing Coordinator
Caleb Krenk	Director of Therapy
Constance Howard	Director of Life Enrichment

*Gateway Vista*  
a *Nye* Health Services campus

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