

Happy Times

November 2020 - Senior Living



"I can do things you cannot. You can do things I cannot. Together - we can do great things!" ~ Mother Teresa

"But there is always a November space after the leaves have fallen when she felt it was almost indecent to intrude on the woods...for their glory terrestrial had departed and their glory celestial of spirit and purity and whiteness had not yet come upon them."

~L.M.Montgomery

Hello November! We greet you with sweaters, scarves, and smiles. (Also, an occasional jacket here and there would not be amiss.)

November is a time of reflection. It is when we are faced with the inevitable truth that seasons are changing, Earth is entering another cycle, and the year is drawing to a close.

It is also a time for friends, family, and togetherness; no matter how far apart we are geographically.

Especially now, we should pay special attention to those things we cherish. We should give and share thanks with everyone on the planet that we have family, friends, neighbors, people who love and care for us!

In addition, November draws honor to the forefront.



We are reminded to honor our traditions and our families. And most assuredly, we are proud to honor those who have served (and continue to serve) in our Country's Armed Forces.

November is not about the wars we have faced. It is about the struggles we have survived and the people who have helped us get there. It is a time for reflection on our gifts; not our losses.

Please never forget that you are loved!

Gateway Vista
a *Nye* Health Services campus

November 2020 - Senior Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Catholic Mass – ABC (Ch.8) 10:00 “This is the Life” Inspirational Stories – ABC (CH.8) 10:30am Lutheran Church Service – ABC (Ch.8)	2 Independent Activities – All Day 10:30 Exercise - PH 2:30 1:1 Activities - Various	3 Independent Activities – All Day 10:30 Exercise – PH Tuesday Afternoon Treats	4 Independent Activities – All Day 10:30 Exercise - AUD 2:30 1:1 Activities - Various	5 Independent Activities – All Day 10:30 Exercise - AUD 2:30 1:1 Activities – Various 3:00 Devotions - PH	6 Independent Activities – All Day 9:45 Catholic Rosary - AUD 10:30 Exercise - AUD 2:30 1:1 Activities - Various	7 Independent Activities – All Day 11:00 Nebraska vs. Northwestern – BTN (Ch.24)
8 9:00 Catholic Mass – ABC (Ch.8) 10:00 “This is the Life” Inspirational Stories – ABC (CH.8) 10:30am Lutheran Church Service – ABC (Ch.8)	9 Independent Activities – All Day 10:30 Exercise - PH 2:30 Family Feud - PH	10 Independent Activities – All Day 10:30 Exercise – PH Tuesday Afternoon Treats 7:00 Tuesday Evening - Travel Movie – Ch.902	11 Independent Activities – All Day 10:30 Exercise - PH 2:30 1:1 Activities - Various 	12 Independent Activities – All Day 10:30 Exercise – AUD 3:00 Devotions - PH	13 Independent Activities – All Day 9:45 Catholic Rosary - AUD 10:30 Exercise – AUD 2:30 Giant Crossword - AUD	14 Independent Activities – All Day Nebraska vs. Penn State - TBD
15 9:00 Catholic Mass – ABC (Ch.8) 10:00 “This is the Life” Inspirational Stories – ABC (CH.8) 10:30am Lutheran Church Service – ABC (Ch.8)	16 Independent Activities – All Day 10:30 Exercise - PH 2:30 1:1 Activities - Various	17 Independent Activities – All Day 10:30 Exercise – PH Tuesday Afternoon Treats 7:00 Tuesday Evening - Travel Movie – Ch.902	18 Independent Activities – All Day 10:30 Exercise - AUD 2:30 1:1 Activities – Various Birthday Dinner – Senior Living DIN	19 Independent Activities – All Day 10:30 Exercise – AUD 2:30 1:1 Activities – Various 3:00 Devotions - PH	20 Independent Activities – All Day 9:45 Catholic Rosary - AUD 10:30 Exercise – AUD 3:00 Clever Crafting - AUD	21 Independent Activities – All Day Nebraska vs. Illinois - TBD
22 9:00 Catholic Mass – ABC (Ch.8) 10:00 “This is the Life” Inspirational Stories – ABC (CH.8) 10:30am Lutheran Church Service – ABC (Ch.8)	23 Independent Activities – All Day 10:30 Exercise - PH 2:30 Wii Bowling - PH	24 Independent Activities – All Day 10:30 Exercise - PH Tuesday Afternoon Treats 7:00 Tuesday Evening - Travel Movie – Ch.902	25 Independent Activities – All Day 10:30 Exercise - AUD 2:30 1:1 Activities - Various	26 	27 Independent Activities – All Day 9:45 Catholic Rosary - AUD 10:30 Exercise - AUD 2:30pm Nifty November Treats – Door-to-door	28 Independent Activities – All Day Nebraska vs. Iowa - TBD
29 9:00 Catholic Mass – ABC (Ch.8) 10:00 “This is the Life” Inspirational Stories – ABC (CH.8) 10:30am Lutheran Church Service – ABC (Ch.8)	30 Independent Activities – All Day 10:30 Exercise - AUD 2:30 1:1 Activities Various		Activities and times are subject to change. For a daily list of events: tune in to channel 901 or Call 4228 Daily Movies can be found on channel 902 at 10am, 2pm and 7pm	Please note: Additional Events & Activities will be posted as options available to us expand. Life Enrichment provided Independent Activity packets/items are available at your Nurse’s Station	The Life Enrichment team is proud to continue our partnership with Residents, Families, & Physicians to help facilitate Video Chats and Telehealth Calls! Please contact us if you have any questions or would like to schedule a Video Chat appointment	Life Enrichment Outside Line: (402)467-0228 Inside Extension: 4228 You may also contact us via Gateway Vista’s Main Number: (402)464-6371

Location

- 3rd FL - 3rd Floor Living Room
- 4th FL - 4th Floor Living Room
- 3rd DIN - 3rd Floor Dining Room
- 4th DIN - 4th Floor Dining Room
- AUD - Auditorium Garden Level
- MC - Meditation Chapel 1st Floor
- PH - Penthouse - 6th Floor
- PDR - Private Dining Room
- PUB - Grill & Pub

Birthdays

- Bill Coleman: 11/03
- Linda Johnson: 11/13
- Shirley Schildman: 11/15

Barber & Beauty Shop

Our salon is currently operating with limited availability.

Please contact Ashley at the front desk to schedule an appointment.

We apologize for any inconvenience this may cause.

General Info:

For placing calls outside of the facility – please dial “9” for an outside line and then enter the complete number you are calling.

Giving Thanks

J S P H X D S T G F A C N N E
 G K E I K A G O K A I I A E D
 L N K V M H L Q Y M P N R C A
 B X I O A D R E W I O N E K R
 C L R V E E K G H L C A T A A
 B A U N I R L S N Y U M E P P
 E R G S U G W N H I N O V S V
 W F O T T O S E I P R N V I J
 N N E N L E W K Q Q O A G Q B
 D Y R L Z D R I N O C I H O H
 O S E C B E R Y K A L B N S O
 F F S D N E I R F I H F K P N
 G A T H E R I N G S I T M J O
 A U T U M N R S D R U O G A R
 E Y O X I F S F E A S T P E H

AROMAS **AUTUMN** **BLUSTERY** **BONFIRE**
BRONZE **CINNAMON** **CORNUCOPIA** **FAMILY**
FEAST **FELLOWSHIP** **FRIENDS** **GATHERINGS**
GOLDEN **GOURDS** **HAM** **HONOR** **LEAVES**
PARADE **PIES** **SHARING** **THANKSGIVING**
TURKEY **VETERAN** **VIGIL**

Gateway Vista
 a *Uve* Health Services campus

225 North 56th Street
 Lincoln, Nebraska 68504
 402.464.6371
 gatewayvista.com

Larry VanHunnik	Administrator
Tammy Berens	Clinical Transitions Coordinator
Ivy Bryant	Director of Case Management
Victoria Stock	Director of Senior Living
Susie Horner	Director of Culinary Services
Kimyatta Nance	HR Coordinator
Alenia Lohnes	Admissions Coordinator
Michelle Thompson	Director of Nursing
Kay Rakes	Director of Resident Accounts
Jason Ware	Director of Environmental Services
Ashley Schwenke	Director of Transport/Admin Asst.
Stephanie Alvizar	Clinical Ed Coordinator
Becky Sass	Home Health Marketing Coordinator
Caleb Krenk	Director of Therapy
Constance Howard	Director of Life Enrichment