

# Happy Times

April 2021



## What is Easter?

Easter is a Christian festival and holiday commemorating the resurrection of Jesus from the dead, described in the New Testament as having occurred on the third day after his burial following his crucifixion by the Romans at Calvary c. 30 AD. It is the culmination of the Passion of Jesus, preceded by Lent, a 40-day period of fasting, prayer, and penance.

Most Christians refer to the week before Easter as "Holy Week", which contains the days of the Easter Triduum, including Maundy Thursday, commemorating the Maundy and Last Supper, as well as Good Friday, commemorating the crucifixion and death of Jesus. In Western Christianity, Eastertide, or the Easter Season, begins on Easter Sunday and lasts seven weeks, ending with the coming of the 50th day, Pentecost Sunday. In Eastern Christianity, the season of Pascha begins on Pascha and ends with the coming of the 40th day, the Feast of the Ascension.

Easter and the holidays that are related to it are *moveable feasts* which do not fall on a fixed date in the Gregorian or Julian calendars which follow only the cycle of the Sun; rather, its date is offset from the date of Passover and is therefore calculated based on a lunisolar calendar similar to the Hebrew calendar. The First Council of Nicaea established two rules, independence of the Jewish calendar and worldwide uniformity, which were the only rules for Easter explicitly laid down by the council. No details for the computation were specified; these were worked out in practice, a process that took centuries and generated a number of controversies. It has come to be the first Sunday after the ecclesiastical full moon that occurs on or soonest after 21 March. Even if calculated on the basis of the more accurate Gregorian calendar, the date of that full moon sometimes differs from that of the astronomical first full moon after the March equinox.

Easter is linked to the Jewish Passover much of its symbolism, as well as by its position in the calendar. In most European languages the feast is called by the words for Passover in those languages; and in the older English versions of the Bible the term Easter was the term used to translate Passover. Easter customs vary across the Christian world, and include sunrise services, exclaiming the Paschal greeting, clipping the church and decorating Easter eggs (symbols of the empty tomb). The Easter lily, a symbol of the resurrection, traditionally decorates the chancel area of churches on this day and for the rest of Eastertide. Additional customs that have become associated with Easter and are observed by both Christians and some non-Christians include egg hunting, the Easter Bunny, and Easter parades. There are also various traditional Easter foods that vary regionally.

Regency Square  
a Nye Health Services campus

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	1 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	2 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● High Rollers <b>+2 more</b>	3 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks <b>+1 more</b>	4 ● Facetime/Talk on the phone ● Bingo ● devotions with Janet Kirchner ● Eat in the Dining Room ● Devotions with Janet Kirchner <b>+1 more</b>	5 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Yahtze <b>+1 more</b>	6 ● Coloring Group ● Facetime/Talk on the phone ● Bingo ● devotions with Janet Kirchner ● Eat in the Dining Room <b>+2 more</b>
7 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	8 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	9 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	10 ● Facetime/Talk on the phone ● devotions with Janet Kirchner ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner <b>+2 more</b>	11 ● Facetime/Talk on the phone ● Bingo ● devotions with Janet Kirchner ● Crafts ● Crafts <b>+3 more</b>	12 ● Facetime/Talk on the phone ● Bingo ● devotions with Janet Kirchner ● Eat in the Dining Room ● Devotions with Janet Kirchner <b>+3 more</b>	13 ● Facetime/Talk on the phone ● devotions with Janet Kirchner ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner <b>+2 more</b>
14 ● Facetime/Talk on the phone ● devotions with Janet Kirchner ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Bingo <b>+1 more</b>	15 ● Facetime/Talk on the phone ● Bingo ● High Rollers ● High Rollers ● Eat in the Dining Room <b>+2 more</b>	16 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	17 ● Social Hour ST Patrick's Day Party ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Crafts <b>+2 more</b>	18 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour in dinning room <b>+1 more</b>	19 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Yahtze <b>+1 more</b>	20 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks
21 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	22 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	23 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	24 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	<b>25 Today</b> ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	26 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Yahtze <b>+1 more</b>	27 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks
28 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	29 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	30 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	31 ● Facetime/Talk on the phone ● Bingo ● Eat in the Dining Room ● Devotions with Janet Kirchner ● Social Hour/Room snacks	1	2	3



In remembrance of those who survived, those we lost, and staff who were affected we had a balloon lift off 1 year after we closed the doors. It was a time of reflection and closure.



Verna J 4/1  
 Shirley W 4/23  
 Lillian G 4/28



*Regency Square*  
 a *Uye Health Services* campus

3501 Dakota Avenue  
 South Sioux City, Nebraska 68776  
 402.494.4273  
 regencysquarecare.com

Mikel Ardley  
 Teresa  
 Marilyn Schiltz  
 Kayla Gitchell  
 Cleo Harder  
 Kally Gaskill  
 Carol Ostermeyer  
 Joel Hubert  
 Chemane Berger  
 Hollie Jacobsen  
 Shawna Messerlie

Executive Director  
 Director of Nursing  
 MDS Coordinator  
 Clinical Coordinator  
 Director of Resident Accounts  
 Director of Life Enrichment  
 Director of Culinary Services  
 Director of Maintenance  
 Assisted Living Coordinator  
 Director of Social Services  
 Admissions/Marketing Coordinator