

Upcoming Events

Merrymakers Presents...

Merrymakers Association is sponsoring a performance by Kim Eames at Nye Pointe on January 28th at 4:00 pm.

Kim has performed at our facility before, and is extremely talented. We're excited to have her, and all the other wonderful performers from Merrymakers, entertain Pointe's residents.

Merrymakers Association is a non-profit organization dedicated to brightening the lives of seniors and elderly through music and laughter. Merrymakers provides live, musical performances to over 100 area senior living facilities. Each care center receives regular visits from Merrymakers at no cost to the facility.

Our sponsor at Nye Pointe is the Debby Durham Family Foundation. We are truly appreciative of the gift of music that the foundation is providing for our residents. The Merrymakers performances are always eagerly anticipated by our residents, and also make great occasions for family visits. Thank you Merrymakers, and the Debby Durham family!



Kim Eames



Some Tips for Visitors

We are glad your relative or friend has chosen to move to our facility. People frequently have questions about visiting, so we developed this list of helpful tips and ideas.

A move to a healthcare facility can be very traumatic for residents and their families. Change can be challenging. The time it takes to transition is different for everyone. The keys to success are preparation, a positive attitude, a supportive network of family and friends, and patience and understanding. During this time of transition, the need for continued interaction and control is especially important. Maintaining ties with friends and family helps assure the resident that important relationships will continue just as they did outside the facility.

You are an important part of their quality of life. You provide that extra special touch that we as staff can't meet.

Some people feel they don't know what to do during a visit. In this case, simply ask yourself what activities you previously enjoyed with this person. Here are a few tips.

Things to bring in or to do together:

1. Pictures/snapshots/photo albums, videos—look at and talk about these and encourage resident to reminisce.
2. Local newspaper, favorite magazine, church bulletin
3. A favorite food or treat if within their dietary restrictions

Kirk Sweeney
Nicole Ortmeier
Kris Hardy
Grant Prenzlou
Dan Sullivan
Linda Kelberlau
Carly Vachal
John Belak
Nicole Watson

Administrator
Social Services Coordinator
Director of Administrative Services
Human Resources Coordinator
Director of Life Enrichment
Director of Culinary Services
Director of Nursing
Director of Environmental Services
MDS Coordinator

Nye Pointe
a *Nye Health Services* campus

2700 North Laverna Street
Fremont, Nebraska 68025
402.727.4900
nyepointe.com

Happy Times

January 2019



Happy New Year!

New Year's Day is a national holiday celebrated on January 1st, the first day of the New Year. This New Year's holiday is often marked by fireworks, parades, and reflection upon the last year while looking ahead to the future's possibilities.

Many people celebrate New Year's in the company of loved ones, involving traditions meant to bring luck and success in the upcoming year.

Different cultures celebrate this happy day in their own unique way. Typically, the customs and traditions of New Year celebrations involve champagne or other beverages and a variety of different foods.

New Year's marks a date of newly found happiness and a clean slate. For many celebrating New Years, it is their opportunity to learn from the prior year and make positive changes in their life.

New Year's is one of the oldest holidays still celebrated, and has become a holiday associated with nationality, relationships, and introspection.

No matter how you celebrate your New Year, we wish you a happy and healthy 2019!

Your Nye Pointe Staff


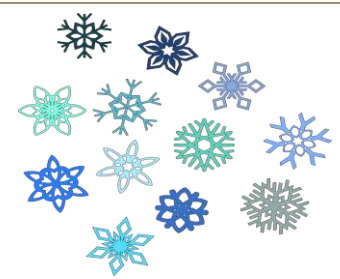
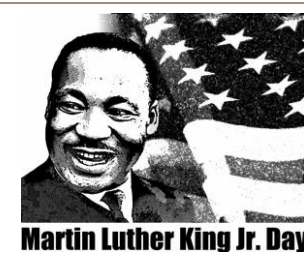


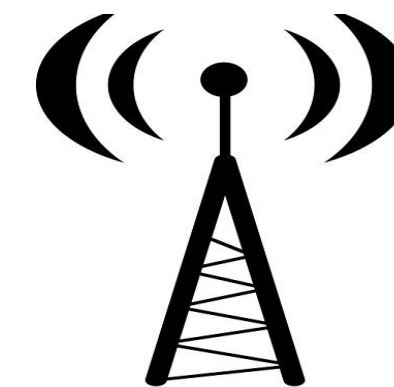
*information provided by Wilstar.com

Nye Pointe
a *Nye Health Services* campus



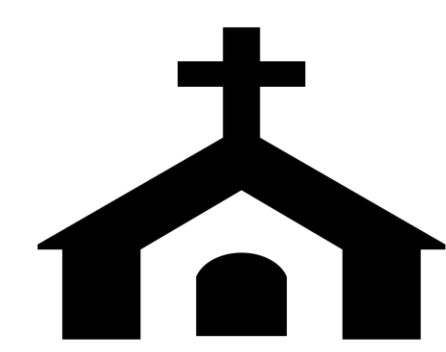
JANUARY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>The activity calendar is subject to change</p> <p>* Weather Permitting</p>		<p>1</p> <p>AM Beauty Shop 11:30 Exercise 2:30 God is Good 3:30 Music with Judy</p>	<p>2</p> <p>10:00 St. Paul Lutheran DVD 11:30 Exercise 2:00 Social Time 2:30 BINGO</p>	<p>3</p> <p>AM Beauty Shop 11:30 Exercise PM 1:1 visits 2:30 Dice Game 4:00 Active Game</p>	<p>4</p> <p>10:00 Puzzle Masters 11:30 Exercise 2:30 Music in the Activity Room 4:00 Active Game</p>	<p>5</p> <p>10:00 Coloring Pages 11:30 Active Game 2:30 Jack Pot 3:30 Root Beer Floats</p>
<p>6</p> <p>10:30 Mass for Shut Ins 11:00 1:1 Activities 12:45 "Black Beauty" on Ch. 51 2:00 Songs & Devotions 2:45 Coffee and Rolls</p>	<p>7</p> <p>10:00 Coloring Pages 11:30 Exercise 2:30 God is Good 3:30 Music in the Activity Room</p>	<p>8</p> <p>AM Beauty Shop 11:00 Bible Study 2:30 Jack Pot 4:00 Active Game</p>	<p>9</p> <p>10:00 St. Paul DVD 11:30 Exercise 2:00 Social Time 2:30 BINGO 4:00 Polka Party with Wayne Miller</p>	<p>10</p> <p>AM Beauty Shop 11:30 Exercise PM 1:1 visits 2:30 Dice Game 4:00 Active Game</p>	<p>11</p> <p>10:00 Puzzle Masters 11:30 Exercise 2:30 Classic Musical: "7 Brides for 7 Brothers" on Ch. 51 4:00 Active Game</p>	<p>12</p> <p>10:00 Coloring Pages 11:30 Active Game 2:30 God is Good 4:00 Music in the Activity Room</p>
<p>13</p> <p>10:30 Mass for Shut Ins 11:00 1:1 Activities 2:00 Songs & Devotions 2:45 Coffee and Rolls</p>	<p>14</p> <p>10:00 Resident Council 11:30 Exercise 2:00 Calvary Methodist Volunteers 4:00 Puzzle Masters</p>	<p>15</p> <p>AM Beauty Shop 11:30 Exercise 2:30 Dice Game 3:30 Music with Judy</p>	<p>16</p> <p>10:00 St. Paul Lutheran DVD 11:30 Exercise 2:00 Social Time 2:30 BINGO</p>	<p>17</p> <p>AM Beauty Shop 10:00 Catholic Communion 11:30 Exercise PM 1:1 visits 2:30 Dice Game 4:00 Active Game</p>	<p>18</p> <p>10:00 Puzzle Masters 11:30 Exercise 2:30 Jack Pot 4:00 Active Game</p>	<p>19</p> <p>10:00 Coloring Pages 11:30 Active Game 2:30 God is Good 4:00 Music in the Activity Room</p>
<p>20</p> <p>10:30 Mass for Shut Ins 11:00 1:1 Activities 2:00 Songs & Devotions 2:45 Coffee and Rolls</p>	<p>21</p> <p>10:00 Coloring Pages 11:30 Exercise 2:30 God is Good 3:30 Root Beer Floats</p>	<p>22</p> <p>AM Beauty Shop 11:30 Exercise 3:00 "Through the Years" Photos 4:00 Music with Judy</p>	<p>23</p> <p>10:00 St. Paul Lutheran DVD 11:30 Exercise 2:00 Social Time 2:30 BINGO</p>	<p>24</p> <p>AM Beauty Shop 11:30 Exercise PM 1:1 visits 2:30 Dice Game 4:00 Active Game</p>	<p>25</p> <p>10:00 Puzzle Masters 11:30 Exercise 2:30 Jack Pot 4:00 Active Game</p>	<p>26</p> <p>10:00 Coloring Pages 11:30 Active Game 2:30 God is Good 4:00 Music in the Activity Room</p>
<p>27</p> <p>10:30 Mass for Shut Ins 11:00 1:1 Activities 1:15 Classic Musical: "Bye Bye Birdie" on Ch. 51 2:00 Songs & Devotions 2:45 Coffee and Rolls</p>	<p>28</p> <p>10:00 Coloring Pages 11:30 Exercise 2:30 Dice Game 4:00 Merrymakers Presents: Kim Eames</p>	<p>29</p> <p>AM Beauty Shop 11:30 Exercise 2:30 "Through the Years" Photos 3:30 Music in the Activity Room</p>	<p>30</p> <p>10:00 St. Paul Lutheran DVD 11:30 Exercise 2:00 Social Time 2:30 BINGO</p>	<p>31</p> <p>AM Beauty Shop 10:45 "Singin' in the Rain" on Ch. 51 11:30 Exercise 2:00 Catholic Mass 4:00 Active Game</p>		



POPULAR STATIONS

- Radio 1110 AM (KFAB) Omaha News
- Radio 1340 AM (KHUB) Fremont News
- TV Ch. 3 GSN Game Show Network
- TV Ch. 6 WOWT NBC
- TV Ch. 7 KETV ABC
- TV Ch. 24 Big 10 Network Sports
- TV Ch. 25 Weather Channel
- TV Ch. 51 TCM Turner Classic Movies
- TV Ch. 56 TVLand Classic Television



SUNDAY RELIGIOUS BROADCASTS

- Christian Worship Hour 6:00 am Ch. 5
- Lutheran Hour 6:30 am 1110 AM (KFAB)
- Message of the Cross 7:00 am TV Ch. 10
- Mass for Shut Ins 10:30 am TV Ch. 6
- Mass for the Day 11:00 am TV Ch. 64

Happy 2019 to all our residents and their friends and families!

—The Nye Pointe Staff